



**Town of Arlington, Massachusetts**  
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## **Council on Aging Minutes 10/24/2002**

ARLINGTON COUNCIL ON AGING

27 Maple Street  
Arlington, MA 02476-4909  
781-316-3400  
Richard Murray, Chair  
Mary Dodge, Vice-Chair  
Town of Arlington  
Shirley Chapski, Secretary

Regular Meeting of the Council on Aging  
October 24, 2002

### **MINUTES**

Members Present: Richard Murray, Mary Dodge, Mildred Hurd, Harry McCabe, Mara Klein and Shirley Chapski.

Members Absent: Dorothy Nicholas

Others Present: John Jope, COA Executive Director; Cindy Friedman, COA/ASA/Assisted Living/Housing Options Task Force Representative to Symmes Advisory Committee; and Stacey Minchello

Quorum Identification/Call to Order: Richard Murray, Chair, called the meeting to order at 7:30 p.m. Shirley Chapski kept the minutes. A quorum of 6 was present.

Ms. Cindy Friedman discussed at length with the Board the results of the Symmes Advisory Committee's public outreach survey and public workshops and the possible usages suggested for the town-owned Symmes property. The next significant public meeting is scheduled for December 3. A suggestion was made that a daytime forum be arranged wherein seniors could be informed of recent developments. Cindy said that could be arranged and she would work with John to set up such a meeting.

Ms. Friedman then departed the meeting.

Minutes of the September 19, 2002 Meeting: Harry moved to receive the minutes of the September 19, 2002 meeting; Mary seconded; all in favor. It was moved and seconded to approve the minutes for purposes of discussion. Harry questioned the language on the p. 2, paragraph entitled "Financial Report" and, after discussion, it was suggested that the Secretary review the meeting tapes and report to the Board at the next meeting. Mara moved to table the minutes until the next meeting, Mary seconded, five voted in favor, one against.

Citizens' Open Forum: Stacey Minchello spoke on her professional background and interests and the possibility of her serving on the Council on Aging Board.

## REPORTS

### Executive Director's Report

- John has sent a formal request to Patsy Kraemer to fill the transportation and volunteer coordinator position as the staff is getting overtaxed. John will keep the board informed of any developments with regard to this situation.
- Terri Susi, COA nurse as of Nov 4 will be dropping back to 24 hours a week. She made her request to Patsy Kraemer stating the reduction in hours was for personal reasons. Currently she is working with the COA 30 hours a week and five with the Workmens Compensation Board.
- Flu Clinic: Flu vaccine shots were administered Oct 24 at the Senior Center. At the beginning of the day, shots were restricted to seniors 70 years of age and older or those with chronic conditions. Later in the morning, the clinic was opened up to others. Another flu clinic will be held on November 14 which will coincide with the dental screening day.
- Minuteman Senior Services: On October 24 John was invited to attend the Annual Meeting of Minutemen Services. Joan Butler, Director, showed film clips of their outreach efforts throughout the year including clips from Arlington's Golden Opportunities cable TV program. Minuteman's Protective Services Department now has an Ethics Committee which makes ethical and moral decisions in particularly difficult cases. Lois Carderelli, Minuteman board member representing Arlington, received Outstanding Board Member of the Year award from Mass. Home Care at their annual meeting and our other representative, Dr. Harold Forbes, was elected Minuteman Vice President.
- MCOA Annual Fall Conference Oct 16-18, 2002: John reported on the conference and Mara Klein, who also attended, spoke about the board training session she attended as well as one about putting together a triad program (Senior Center and Fire and Police Departments). She thinks this would be a good program to consider for Arlington.

COA Representative to the ASA: Mildred attended the last meeting and reported that Town Day was the main topic of discussion.

Financial Report: Line #10 - Formula Grant money has been received. Line #8 Harry Barber Community Service Program — we have nine people in place. Line #32 Dental Subsidy Program still shows 0; this item will be discussed under "Unfinished Business." Harry requested that the line item be corrected to read "Sevyan Dental Subsidy Program." John will make the change.

Sevyan Bequest Committee: Richard asked the Chair of the SBC to set a date for a review of submitted requests for funding. Harry will get back to him on a date for a meeting.

### UNFINISHED BUSINESS:

Survey: Goals and Objectives: Discussion ensued on community outreach to seniors — making elders and their families aware of services offered through the COA and ASA. A comprehensive brochure, designed by John, which was distributed on Town Day, outlines such services. Mara offered to create a reply device to be included with the brochure. As a first step, it was proposed that information be distributed at a local market or drug store in early November.

Canopy: A brochure depicting free standing canopies was distributed by John. The COA together with the ASA would like to purchase a canopy for outside senior activities. One use would be to provide shelter for the COA/ASA tables on Mass. Av. on Town Day. Harry moved to authorize the purchase of a suitable canopy; Mary seconded; all in favor. John will inform Gloria von Hyeburg, ASA President of the board's decision and he will look into allowable sizes, etc.

ASA Membership discussion ensued concerning the drop in ASA membership and how to attract the young seniors through different programs, such as a computer and internet training.

Sevyan Dental Pilot Program:

Passing the gavel to Mary, Richard moved to reconsider the vote for moving \$10,000 from the Gift Fund to the Sevyan Dental Subsidy Fund; Mara seconded; After discussion, Richard withdrew his motion and Mara withdrew her second. Richard then moved to table the item until next month; Mara seconded. All in favor.

Richard resumed the chair.

**NEW BUSINESS:**

Volunteer Recognition: Richard read a letter of appreciation from Irene and Ruth Murphy for the testimonial and gift presented to them at the annual Volunteer Luncheon on October 5 for their many years of service to the ASA and COA. Harry suggested that in further honor of Irene and Ruth, that a plaque inscribed, "The Murphy Sisters Room," be installed in a designated room in the ASA. He will take this suggestion up at the next ASA board meeting. Also at the Volunteer Luncheon, birthday wishes and flowers were presented to Mary Dodge.

Minuteman Board: Mildred spoke of her 15-year association with Minuteman Services, the last few of which she served as liaison. There are two other people who represent Arlington on the Minuteman Board. Harry asked John to send a letter to these members asking them if they are still interested in serving as our representatives to Minuteman.

There being no further business to come before the meeting, Mara moved to adjourn; Mary seconded. All in favor.

Adjourned at 10:30 p.m.

Shirley Chapski,  
Secretary